

# Marishka

Your Personal Guide In Life

## Numerology

### The Core Numbers

A fundamental reality of the universe is based on the assumption that all things are related, and within that underlying notion of unity, all things are energy. It is our relationship to this energy that defines our lives. Numerology is sometimes called the “science of names and numbers”. It is about the relationship of numbers and their influence on our lives. As one of the metaphysical sciences, numerology is a factor in our search for understanding. Even though it is ancient in origin, it is enormously useful in its application to our search for direction and bringing awareness to present-day life. If you pick up any of the numerology books available, you’ll find that the authors call the 5 core numbers by different names. What’s important is that even though the names may be different, all of them are figured the same way. We’re really talking about the same thing – some folks just call them something else.

The 5 core numbers and how to figure them:

1. Life Path/Destiny Number      Add Month + Day + Year of Birth (date of birth number)
2. Your Soul/Heart Number      Add together the number for the vowels of your name
3. Personality Number      Add together the number for the consonants of your name
4. Expression Number      Add number for the vowels + number for the consonants
5. Maturity/Power Number      Add together your Birth date + your Birth name  
(after age 35)

### What’s in a Name?

Have you ever met someone whose name just seems “wrong” for that person? Does your own name feel as if it should belong to someone else? You may think of your name as just so many letters, but there’s far more to a name when it comes to Numerology. Think of your name as an energetic force field that carries your family heritage, your lessons in consciousness, your destiny, your personality traits, and your soul vibration. Each name you were given at birth provides information about the strengths and weaknesses inherent in each name. What do the vowels and consonants mean in your name? There are ways that you can choose names for babies, businesses, and even yourself - to maximize the potential for success. The names you use today (changed by marriage, nicknames, etc) also have an influence on your future potential.

Each letter of the alphabet is associated with a number. A = 1, B = 2, C = 3 and so on.

Look to the individual numbers that make up your name as well as the number total.

Below is a list with the numbers all reduced to a single digit.

1	2	3	4	5	6	7	8	9
A	B	C	D	E	F	G	H	I
J	K	L	M	N	O	P	Q	R
S	T	U	V	W	X	Y	Z	

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